



FITNESS *is* FUN!

Solvang Rec/COPS Center

New fitness based classes that will give you the workout you've always wanted. Get fit fast and have a blast doing it. Center located at 320 Alisal Road, Solvang (old outlet mall). For full program details call Solvang Rec at 688-7529.

- Cardio Boxing - Mon/Wed, 6-7am, \$35/month
- Cross Circuit - Tues/Thurs, 6-7pm, \$35/month
- Jiu-Jitsu - Mon/Wed, 6:30-7:30pm, \$50/month
- Boxing Team - Tues/Thurs, 6:30-8pm, \$70/month
- Kids Boxing (ages 6-12) - Mon/Wed, 4-5pm, \$25/month
- Boxing - Mondays, 5-6pm, \$20/month
- Kids Wrestling - Tue/Thu, 3:30-4:30pm, \$45/month
- MMA Striking/Boxing class, Tue/Thu, 4:45-6:15pm, \$45/month

Buellton Rec Center

Get in shape with many exciting and healthy activities for kids and adults and everyone in between. All classes below are held at the Buellton Rec Center, 301 Second St on Jonata School campus. For complete details call 688-1086.

- CardioFit/MMA: Monday/Wednesday/Friday 6:15am \$50/month or \$6/class
- Zumba: Mondays & Wednesday 6:30pm, \$5 per class
- Kung Fu: Tuesday & Thursday, 2:30 & 3pm, ages 4-7 \$40/month
- Kung Fu: Tuesday & Thursday, 4-6pm, ages 7 and up, \$60/month
- Kundalini Yoga: Monday & Wednesday, 7:30pm, \$5/class or \$20/month
- Tai Chi Relaxation: Tuesday & Thursday, 8-9:30am \$30/8 classes
- Tai Chi: Mondays, 7:50am, \$20/month Movement & balance.



Adult Coed Volleyball

Sign up your team today to enjoy the great team sport of volleyball. Fun competition is the key. Tuesdays, Oct 2-Nov 20 \$275/team



Adult Belly Dancing

Tuesdays, Starts Sept 4, 6-7pm, Vets Hall, \$12/class or \$66/6 classes, Vets Hall American Tribal belly dancing is a modern style of belly dancing developed with a fusion of costumes and folkloric dance styles from the Middle East,

CHRISTMAS FESTIVITIES IN SOLVANG & BUELLTON

Friday, December 7: Julefest "opens" with the annual Tree-Lighting Ceremony in Solvang Park. Enjoy free live entertainment with ballerinas, bands, caroling and the arrival of Santa Claus. Starts at 5pm.

Saturday, December 8: The annual Julefest Parade begins at 11am. Santa Claus will be available for visits and photos in Solvang Park post-parade.



Sunday, December 2: All events at the Buellton Rec Center. 9am-12noon: Breakfast with Santa - Enjoy a full breakfast and photos with Santa Claus. 4-6pm: Concert, Cookies, & Cocoa -Enjoy music by local youth and share the spirit of the season with homemade baked goods and hot cocoa. 6pm: Light Parade and Caroling Cruise - Hop aboard a lighted hay truck or bring your own decorated vehicle and join the parade for caroling thru town & ending at the Tree Lighting. 7pm: Christmas Tree Lighting - Help us count down for Santa to light the big tree on the Avenue of Flags at First Street in Buellton. Sponsors: Buellton Recreation, Buellton Chamber of Commerce & Buellton Historical Society



ALL PROGRAMS REQUIRE PRE-REGISTRATION

Solvang Parks & Recreation
411 Second St, Solvang
688-7529, M-F 8am-5pm
www.cityofsolvang.com

Buellton Recreation
301 Second St, Buellton
688-1086, M-F 12-6pm
www.cityofbuellton.com



Holiday Bazaar: Arts & Crafts Fair

Saturday, November 10, 10am-3pm Buellton Rec Center Gym, FREE admission Don't miss the 4th Annual Buellton Bazaar, a holiday arts & crafts fair. Local artisans will display and sell their goods. Come and start your holiday shopping and enjoy all of the talent the Santa Ynez Valley has to offer. If you would like to reserve a booth space, please call Barbara at 688-1086 or e-mail barbarak@cityofbuellton.com



Laughlin - We're Going Back!

Sun-Wed, Nov 11-14, 7am departure from Vets Hall, \$219/dbl or \$259/sngl Take a vacation now, before the busy times of Thanksgiving and Christmas. Join us for four days and three nights in sunny Laughlin. We'll stay at the beautiful Aquarius Casino Resort on the majestic Colorado River. You'll have ample time to visit the town, shop, dine, play and relax. You need this holiday. Register by Nov 2.

Parks & Rec

Fall 2012

City of Solvang & the City of Buellton

A TIME FOR FALL



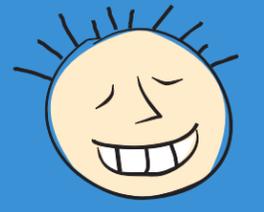
HALLOWEEN HAUNTED HOUSE

GHOST RANCH

Tuesday, October 30 & Wednesday, October 31 @ Solvang Festival Theater 6-9:30pm (Kid-friendly: 6-6:30pm) Adults-\$7 • 13 & under-\$5

For complete info on activities & registration:

- ✓ Solvang Parks & Rec Call 688-7529
- ✓ Buellton Recreation Call 688-1086



The Haunt returns for an incredible 19th year! Welcome to Ghost Ranch where the past never dies. Come visit the 'ol barn where the past has yet to begin. Beware the souls that still float through the old corn maze and scary stables. Be a part of this tremendous community event as a volunteer, guide, monster or donor. Call 688-7529 today to participate! We'll scare you at the haunt!!

HALLOWEEN STREET FUN

The Street Fun is tentatively scheduled on Second St. Schools, churches or other groups interested in fundraising opportunities should contact Barbara at 688-1086.

PARKS & REC MAKE LIFE BETTER!



Read on!

See for yourself!

Christmas Light Sightings > Wednesday, Dec 19, 7-8:30pm, \$10 Join us for a Christmas light tour through the Santa Ynez Valley. Enjoy the many houses that get into the Christmas spirit! Listen to Christmas music plus hot chocolate will be served. No Grinches allowed!

Lights: 36,375
Electric Bill: \$2,289
Bragging Rights: Priceless



Christmas Tree Burn Friday, January 4, 5-7pm The tradition continues with a twist*. Come observe the spectacular flames as the Christmas pile is ignited. What a sight. Fire dept will offer safety tips plus demonstrations. Tree burn starts at 6pm. Join us at the SY Mission for this new & improved tradition. *Program details are forthcoming.

Turkey Trot for Charity Friday, Nov 23, 10am, Sunny Fields Park \$12 entry. 5K run. All participants receive a shirt and proceeds go to a local charity. Register by 11/15 to receive shirt. Day of registry ok, no shirt guarantee. Walk or run, all for fun and for a good cause. All ages welcome.



Rec n' Roll: September 21

Join us Friday night, September 21, as we roller skate and roller blade to great music for a fantastic, nostalgic and memorable experience. Discover how much fun you used to have and can have again with music, fun & games!! Concessions will be available for sale, including pizza & drinks.

5:30-6:30pm....Families with Kids 10 & under
6:30-9pm....OPEN SKATE - All Ages Welcome
\$6 (with skates); \$10 (if you need skates); \$4 (general entry)
Bring your own skates/blades or rent from us. Only rollerblades available for rent. Limited number of rentals available. Limited child sizes.

ANYONE UP FOR FUN?

Autumn activities of all kinds just for you.

Archery at River View Park

Wednesdays, Sept 12-Oct 3, 4-5pm, \$50, Ages 8+, River View Park

Come hit the bullseye with instructor Thom Chamberlain of TLC Archery. Whether you're a beginner or want to improve your skills in this exciting sport, this class is for you.

Little Beats Beginning Drum Class

Saturdays, Sept 15-Oct 20, 9-9:45am, \$85, Grades K-8, Buellton Rec Center Rm A

Learn the basics of drumming with instructor and Buellton native Kyle Batty. Includes drum, sticks, 6 weeks of lessons, and live performance.

Pre T-Ball

Thursdays, Sept 20-Oct 11, 4-4:45pm, \$38

Pre-competitive and developmentally appropriate introduction to the game of t-ball. @ Sunny Fields Park.

Mountain Bike Trip to Los Osos

Sat, Sept 22, 8:30am-5pm, \$20, High Schoolers

15 miles of sweet single track with spectacular ocean views.

Local Beach Clean Up at Tajiguas

Sunday, September 23, 2-5pm, FREE, Family Invited

Help us clean one of our favorite local beaches.



TFK Buellton Rec Mountain Bike Trip to Dirt Club

Wednesday, October 10, 4:30-7pm, \$5, Ages 11-14

Ride the best local course made by mountain bikers for mountain bikers. Mountain bikes available if necessary.

Baton Twirling Classes

Wednesdays, Sept 26-Oct 17, 5:30-6:15pm, Vets Hall, \$56 (with baton to keep) and \$44 (without baton)

Twirl, twist and spin while learning the techniques of baton twirling. Please note, you must have baton to attend class!

Halloween Costume Exchange

Friday, October 26, 3-6pm at Buellton Rec Center, FREE

Trade in your old costumes and get new ones for free. Collection boxes for clean, used costumes located at City Hall (Buellton & Solvang) + Parks & Rec offices. The more costumes we get donated, the more choices you'll have.

Pizza Workshops

Friday, Oct 12 and/or Nov 16, 4-5:30pm, \$12/class

Learn to make pizza from scratch using fresh and local ingredients. Eat your pizza or take it home! @ Vets Hall

Valley wide Teen Dance: 6th-8th grade

Friday, Oct 12, 7-10pm, \$8 @ Vets Hall

Friday, Jan 25, 7-10pm, \$8 @ Buellton Rec Center

Horseback Riding Camp...>>>

MWF, Dec 31-Jan 4, 9am-12pm, Ages 7-12, \$175

The certified instructors from the SYV Therapeutic Riding Program invite all Valley kids! Camp includes horseback riding instruction (English & Western), horsemanship, mounted games, crafts and snacks. Camp is held at SYV Equestrian Center, 195 Refugio Rd. All participants must wear closed toed shoes and pants. Helmets are provided.



Outdoor Retreat for Junior High/High School

Hiking, biking, and much more! Call Paul Smith, 688-1086, for details or e-mail him at pauls@cityofbuellton.com. High School - January 26/27 & Junior High - February 2/3!

New for You

Dance, music, crafts and more.

STEP UP Dance for Kids with Miss Mariah

Mondays, Starts Sept 17, \$5/class or \$20/mo, Grades 3-5, 1:40-2:30pm, This class is high energy and fun for both boys and girls who want to learn how to groove on the dance floor. STEP UP (Stupendously Talented Energetic Positive and Unique People). @ Buellton Rec Center Rm A

Guitar Class

Wednesdays, Sept 26-Nov 14, \$96
Wednesdays, Nov 28-Dec 19, \$48
Beginners 3:30-4:30pm, Vets Hall
Intermediate 4:30-5:30pm, Vets Hall
Introduction to the basics of guitar. Become familiar with the fingerboard of the guitar as well as the basics of strumming chords and picking individual notes. Learn simple musical notation. Bring your own guitar.



Paper Crafting Workshop

Tue/Thu, Oct 9/11, 4-5:30pm, Age 7-12, Vets Hall, \$25
Find your inspiration through paper crafting, scrapbooking and more! Learn the basics of scrapbooking, paper bead making, and decoupage. Please bring five pictures you wish to include in your scrapbook. All supplies are included.

Food Arts & Science for Kids

Tue, Nov 20 and/or Wed, Nov 21, 9am-3pm, \$65, Grades 1-5
Why is lemonade sour? What makes bread rise? Explore the science behind food with instructor Irene Rinta as you experiment with everyday edibles, sculpt your own doggie biscuits, and even take a behind the scenes tour of Birkholm's Bakery to see how the professionals do it. All materials and a delicious treat at the bakery are included. Location TBD.



Hike Arroyo Hondo Preserve

Sat, Jan 5, 9am-1pm, \$10, Ages 11-14
Start your New Year right by hiking Arroyo Hondo Preserve, the "Jewel of the Gaviota Coast."



Top 5 Reasons to Join Us

1. Fun
2. Healthy
3. Learning
4. Excitement
5. Why Not?



Oak Wood + Fire = Santa Maria Style BBQ

Thursday, Sept 27, 5:30-7pm, \$18
Fire up the grill and let's get cooking! Join one of Santa Maria's best caterers as he teaches you the basics of what makes Santa Maria Style BBQ so famous.

Homemade Natural Beauty Products

Monday, October 22, 5-7pm, \$30
Pamper yourself. Learn to make face smoothies, sugar scrubs, lip balm and other homemade remedies to keep you feeling beautiful year round. All supplies and materials are included.

Italian Cooking Made Easy

Tuesday, October 2, 5-6:30pm, \$18
Simple techniques to become an Italian master of the kitchen! Cutting corners will not cut down on those beloved Italian flavors. Arrive with empty bellies and join us as we tour the easy side of Italian cooking.



Mexican Food Made Easy

Tuesday, October 16, 5-6:30pm, \$18
Spice up your weekly menu! Simple tricks and ideas that will make you a culinary Latin superstar among your friends and family. Explore and taste the Latin side of cooking.

Ladies Round Up!

Thursdays, Nov 8-Dec 6, 6:30-7:30pm (no class 11/22), \$45
Ever wish you could do it yourself? Now you can. Learn how to change a tire, jump start your car, and all about tools. Be the hostess everyone wishes they were. Plus, learn moves for ladies defense against an attacker. All materials/supplies included.

Cake Decorating With Fondant!

Monday, October 29, 5-7pm, \$30
Aahhhh, the art of cake decorating. This class will teach you how to prepare a cake with buttercream; roll out, cut, shape, and paint fondant, and apply it in ways that will make you look like a professional pastry chef! Mini cakes are provided so you can express yourself freely and creatively!



↑ All Classes at Vets Hall

This Fall: Explore What's Out There

Adult Dance Classes

•Wednesdays, Sept 19-Oct 24, \$70/person (partner not required), 6:15 Ballroom- Intro to Waltz, American Tango and Fox Trot
7:15 Swing- Intro to East Coast Swing and West Coast Swing
•Wednesdays, Oct 31-Nov 28, no class Nov 21, \$50/person (partner not required)
5:30 Ballroom- Intro to Argentine Tango
6:30 Swing- West Coast Swing
Fun way to get your exercise and learn dance skills from experienced teacher, Dawn Ramallo-Wilson. @ Vets Hall

Great American Melodrama "Sheer-Luck Holmes"

Saturday, September 29, 2:30-8pm, \$35
Join the detective duo of Holmes and Watson as they uncover clues to solve a mysterious case, plus an old time Vaudeville show with hilarious musical numbers.

Volleyball Game UCSB vs. Pepperdine

Wednesday, October 3, 5:30-9:30pm, \$15
Come cheer on the Gauchos at the Thunderdome! Includes transportation and admission. Families welcome.

Adult Horseback Riding

MWF, Oct 22-26, 9am-12pm, Adults, \$175
Always wanted to learn? Now is your chance! Learn English and Western riding styles by certified instructors at the SYV Equestrian Center, 195 Refugio Rd.

Trash to Treasure

November 5/7, Mon/Wed, 5:30-7pm, Vets Hall, \$45
Calling all garage sale hunters and believers in turning trash into treasure! Join us for two days as you learn simple techniques on how to bring new life to what others may call junk. Plus, transform old jars, candlestick holders and dated picture frames into stylish décor. All supplies/materials are included.

Lotusland.....>>>

Thursday, November 7, 8:45am-2:30pm, \$42
Lotusland's 37 acres are home to more than 3000 plants from around the world. Enjoy the Aloe, Australian, Blue, Butterfly, Cactus, Cycad, Fern, Japanese, Succulent and Topiary Gardens to name a few. After the tour, enjoy lunch on State Street on your own.

Nethercutt Collection and Museum

Thursday, November 15, 9am-7pm, \$35
The Nethercutt Museum showcases over 200 meticulously restored American and European automobiles from 1898 to 1982. In addition, the Collection houses an incredible assortment of antique mechanical instruments that are only played for visiting group tours.

ACTIVITIES AND INFO ONLINE AT
www.cityofsolvang.com
www.cityofbuellton.com

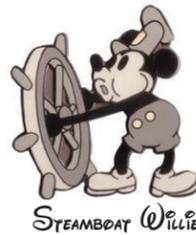
PROGRAMS REQUIRE MINIMUM REGISTRATION TO RUN



Find Us & Like Us on Facebook

Reagan Library with Disney Special Exhibit

Wednesday, Dec 5, 8:30am-4pm, \$35
Reagan's storied career spanned more than five decades inspiring Americans to act and achieve even more than they imagined. Exhibit showcases extraordinary Disney treasures and collectibles. Plus, see the spectacular Christmas decorations. Enjoy lunch on your own at the café with beautiful views!



LA Garment District Shopping Adventure

Tuesday, December 11, 7am-5:30pm, \$35
Shop till you drop. Everything for the bargain shopper with over 1,000 stores at warehouse/discounted prices. Lunch on your own.

Country Gospel Concert in Pismo Beach

Friday, January 4, 3:30-9pm, \$10
Hear some uplifting and toe-tapping music and enjoy dinner before the show at McClintock's. Dinner on your own.

Paso Robles Pioneer Museum

Thursday, January 17, 10am-6pm, \$25
Learn about the history of the pioneers who first settled the Central Coast of California. Lunch/shopping time on your own in San Luis Obispo.

Adult Ski Trip to China Peak

Thur-Sun, February 21-24, \$375/double, \$550/single
Enjoy a 3-night stay at China Peak Ski Lodge in the Sierras. A 2-day lift ticket and transportation is included. Non-refundable payment due Nov. 1.

Program Ideas? Tell Us About Them



Costa Rica - A Tropical Paradise

March 15 - 24, 2013, \$2735/double, \$3195/single, Early sign up bonus \$100 off
All-Inclusive 10 day trip, 15 meals included. Highlights: San Jose Coffee Plantation, Guanacaste, Monteverde Cloud Forest, Hanging Bridges, Arenal Volcano-Lake Arenal Cruise. Deposit of \$470 due by Oct. 9



Relax →

HOLIDAY HITS

Pumpkin Carving

Pumpkin Carving Class & Decorating @ Vets Hall
Wednesday, Oct 17, 3:45-5pm, \$5 (includes pumpkin and carving tools), Carve a pumpkin and turn it in for the annual Third Wednesday Pumpkin Carving Contest! All supplies and equipment provided, including pumpkin. For all ages. Children 2-5 must come with parent supervision.

Winter Crafts

Winter Craft Bonanza Dec 11/13, Tues/Thurs, 3:30-5pm, Age 5-10, Vets Hall, \$30/2 days, \$17/day
Get ready for a winter extravaganza craft workshop! Enjoy two days of holiday craft making cheer. Make snow globes, ornaments, and other winter creatures to give to friends and family during the holiday season. All supplies/materials are included.

Be An Elf!

Santa's Little Helper Wednesday, December 13, 5:30-6:30pm, Age 6-12, \$12, Vets Hall
Ribbons, bags, and bows galore! Hey kids, come learn how to wrap holiday gifts and make personalized holiday cards. Please bring no more than five medium sized gifts to be wrapped. Being Santa's Little Helper can be fun! Sign up today.

Winter Camp

Winter Break at the ZONE Wed-Fri, Dec 26-28 & Wed-Fri, Jan 2-4, Ages 6-12, 8am-6pm, \$180/6 days, \$120/3 days, \$50/1 day --- The ZONE is the fully equipped game room at the Buellton Rec Center. Ping-pong, pool table, air hockey, foosball, Wii and Xbox 360, board games & more! Plus sports time in the gym and outside on the field. Bring sack lunch daily.

Letters to Santa

During December, boys and girls can receive a letter via Solvang Parks & Rec from Santa Claus and his elves! Mail your letters to Solvang Parks and Rec, 411 Second Street, Solvang, CA 93463. Include a self addressed, stamped envelope, postmarked by Dec 12. Any letters collected after Dec 15 or no return stamp have no guarantee of return response.